

# Family Medicine Summer Forum 2024 VIRTUAL MEETING

July 12 -13, 2024

## **CME AGENDA**

Friday, July 12, 2024

9:50 AM - 10:00 AM

Welcome/Announcements

10:00 AM - 12:00 PM

FL Mandatory: Preventing Medical Errors (2 hours)

This presentation satisfies the requirements set forth by Florida Statutes relating to prevention of medical errors

Vincent Hsu, MD

#### **Learning Objectives:**

- Discuss the five most misdiagnosed conditions as determined by the Florida Boards of Allopathic and Osteopathic Medicine
- Identify prevalent diagnostic and performance errors, explain the necessary elements of a root-cause analysis, and design risk management measures to prevent medical errors
- Discuss safety systems which must be in place to reduce errors and review use of new information and communication technologies to allow for these improvement
- Design risk management measures to prevent medical errors and increase patient safety
- Review safety systems in healthcare organization and ilmplement appropriate tools and strategies for preventing medication errors

12:00 PM - 1:00 PM

**LUNCH BREAK** 

1:00 PM - 2:00 PM

#### **Sports Dermatology**

Cheree Padilla, MD

#### **Learning Objectives:**

- Describe the etiology, clinical presentation, treatment of common dermatology conditions
- Follow the Return to Play Guidelines for common sports related dermatology
- Recognize common dermatology disorders

2:00 PM - 3:00 PM

#### **The Collapsed Athlete**

Cheree Padilla, MD

#### **Learning Objectives:**

- Recognize different etiologies that can cause collapse in athletes
- Differentiate clinically between different causes of collapse among athletes
- · Perform immediate management and treatment of the collapsed athlete to reduce morbidity/mortality

3:00 PM - 3:15 PM

**BREAK** 

3:15 PM - 4:15 PM

**Lifestyle Factors and Dementia** 

George Guthrie, MD

### **Learning Objectives:**

- Assess lifestyle interventions with evidence for prevention of cognitive decline/dementia
- List popular supplements and their evidence (or lack thereof) for prevention of cognitive decline or improvement of cognition
- Devise plans to counsel patients and caregivers to incorporate lifestyle recommendations for patients experiencing cognitive decline



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# Friday, July 12, 2024

4:15 PM - 5:15 PM

#### The Basics of Wound Healing

Donald Covington, MD Learning Objectives:

- List the process of wound care
- Describe how to assess and describe a wound
- Identify steps on how to manage wounds to maximal wound healing

5:15 PM - 5:20 PM

#### Day 1 Wrap-Up/Announcements

# Saturday, July 13, 2024

7:55 AM - 8:00 AM

#### **Welcome/Announcements**

8:00 AM - 9:00 AM

**Pressure Ulcers: Identification and Management** 

Donald Covington, MD

- **Learning Objectives:**
- Identify the stages of pressure ulcers
- Describe the importance of recognizing pressure ulcers
- Discuss how to prevent, treat and manage pressure ulcers

9:00 AM - 10:00 AM

#### **Care Considerations of the Aging Adult**

Casey Rust, MD

#### **Learning Objectives:**

- Review competencies of the Family Physician in caring for aging adult
- Explain the differences in care provided and what relevancy it has
- Define the necessary test and treatments recommended by age in the aging adult

10:00 AM - 10:15 AM

#### **BREAK**

10:15 AM - 11:15 AM

#### **Loving Life After Loss & Choosing Happiness**

Marianne Bette, MD

#### **Learning Objectives:**

- Review the statistical significance of loss risk to patient's health
- Identify neuro-chemical changes associated with grief/loss
- List strategies on how to counsel grieving patients in 15-minute increments

11:15 AM - 12:15 PM

#### Strategies to De-escalate Difficult Encounters & Humanize Medicine

Amaryllis Sanchez Wohlever, MD

#### **Learning Objectives:**

- Assess the current state of incivility in health care and its impact on wellbeing and patient care
- Identify institutional responsibilities and resources to address difficult encounters in the workplace
- Describe de-escalation strategies to adapt and apply in difficult encounters to maximize positive outcomes for physician and patient



# Family Medicine Summer Forum 2024 VIRTUAL MEETING July 12 -13, 2024

# Saturday, July 13, 2024

12:15 PM - 12:45 PM LUNCH BREAK

12:45 PM – 1:45 PM Men's Health Update: PSA, ED, and the Low T

Robert Atkins, MD

Learning Objectives:

• List the latest recommendations for PSA screening and surveillance

• Apply the latest treatment options for erectile dysfunction

• Discuss low testosterone condition in men

1:45 PM – 2:45 PM Skin Rashes and Lesions

Edward Jackson, MD

#### **Learning Objectives:**

- Recognize common dermatoses seen in primary care
- Review treatment recommendations for these dermatoses
- Determine when to biopsy and when to refer

2:45 PM – 3:00 PM BREAK

3:00 PM – 4:00 PM Common Rheumatology Conditions Managed by the PCP

Anastasiya Bagrova, MD

#### **Learning Objectives:**

- List common rheumatologic conditions that can be managed in Primary Care
- Review management strategies of common rheumatologic conditions
- Identify which patients should absolutely be referred out to specialists

4:00 PM - 5:00 PM Care of the Transgender Patient

Jason Largen MD

#### **Learning Objectives:**

- Determine appropriate care based on screening, prevention, evidence related to transgender patients
- Explain the risk and specific concerns to healthcare of transgender patients
- Provide an introduction to the medical management of transgender patients

5:00 PM - 5:05 PM Wrap-Up/Final Announcements