



## CME AGENDA

### Friday, April 5, 2024

8:00 AM – 8:15 AM

Welcome/Announcements

8:15 AM – 10:15 AM

**Florida Mandatory: Domestic Violence (2 hours)**

*This presentation satisfies the State of Florida mandatory requirement*

Concetta Holmes, MSW, LCSW, QS, CA

**Learning Objectives:**

- Review the Florida statutes and education requirements for Domestic Violence
- Identify the number of patients in their practice who are likely victims of domestic violence and the number who are likely to be perpetrators of domestic violence
- List screening procedures for determining whether a patient has any history of being either a victim or a perpetrator of domestic violence
- Provide patients with information on, or refer such patients to, resources in the local community that provide legal aid, shelter, victim counseling, and/or child protection services

10:15 AM – 10:30 AM

**BREAK**

10:30 AM – 11:30 AM

**Comprehensive Management of Heart Failure (HF) in the Outpatient Setting**

Lou Kuritzky, MD

**Learning Objectives:**

- Recognize and use medications included in guideline-directed medical therapy for HFREF
- Develop a management for a patient with HFREF
- List novel therapies for HFREF

11:30 AM – 12:30 PM

**LUNCH**

12:50 PM – 1:00 PM

**President's Welcome/Updates:** George Bernardo, MD (Non-CME)

1:00 PM – 2:00 PM

**Guideline Directed Management of COPD in the Outpatient Setting**

Lou Kuritzky, MD

**Learning Objectives:**

- Evaluate patients for symptoms that may indicate COPD or related conditions, including the appropriate use of spirometry
- Using GOLD 2023 guidelines, prepare treatment plans for patients who have COPD
- Become familiar with indications for inhaled corticosteroid (ICS) use in COPD patients

2:00 PM – 3:00 PM

**Pneumonia: Inpatient & Outpatient**

Tracey Davidoff, MD

**Learning Objectives:**

- Identify and risk stratify outpatients with community acquired pneumonia
- Order appropriate testing in patients with pneumonia
- Prescribe the safest, most effective antibiotics and adjunct treatment based on published evidence

3:00 PM – 3:15 PM

**BREAK**

## Friday, April 5, 2024

**3:15 PM – 4:15 PM**

### **Asthma**

Eddie Needham, MD, FAAFP

#### **Learning Objectives:**

- Diagnose and appropriately assess step care in asthma patients using the most recent guidelines
- Employ inhaled corticosteroid/long-acting beta-agonist (ICS/LABA) as first line care for patients, and determine what sequence to add additional treatments if uncontrolled on first-line management
- Create an asthma action/management plan for a patient

**4:15 PM – 5:15 PM**

### **Antibiotic Stewardship**

Tracey Davidoff, MD

#### **Learning Objectives:**

- List the dangers of antibiotic over-prescribing and why stewardship is important
- Review antibiotic stewardship as defined by the CDC, as well as the four core elements of outpatient antibiotic stewardship
- Recognize areas where over-prescribing is common, and target these areas for improvement in everyday practice, as well as a formal QA program

**5:15 PM – 5:20 PM**

### **Day 1 Wrap-Up/Announcements**

**5:30 PM – 6:30 PM**

### **Welcome Reception**

## Saturday, April 6, 2024

**7:00 AM – 9:00 AM**

### **ABFM KSA Study Group: Behavioral Health Care (2 hours)**

*(additional fee; advance registration required; onsite registration not available; in-person participation only)*

Jennifer Keehbauch, MD / Neil Oslos, MD

**8:00 AM – 8:15 AM**

### **Welcome/Announcements**

**8:15 AM – 9:15 AM**

### **Journal Article Review**

Sophia Malary Carter, MD

#### **Learning Objectives:**

- Discuss the current state of knowledge with reference to literature
- Determine findings of the articles/studies
- Interpret results and their potential to impact daily practice

**9:15 AM – 10:15 AM**

### **Hematuria**

Eddie Needham, MD, FAAFP

#### **Learning Objectives:**

- Recognize the association of renal system cancer in 20% of patients with macroscopic hematuria
- Implement appropriate testing strategies for both upper and lower renal tracts in patients with hematuria
- Utilize the HITS mnemonic for the differential diagnosis of hematuria

**10:15 AM – 10:30 AM**

### **BREAK**



## Saturday, April 6, 2024

**10:30 AM – 11:30 AM**

### **Anemia**

Dani Mathew, MD

#### **Learning Objectives:**

- Review the differential diagnoses for anemia in the elderly and what diagnostic methods can differentiate these diagnoses
- Identify which elderly patients would benefit from an inpatient anemia work-up
- Describe the guidelines and appropriate use for oral and IV iron therapies for iron deficiency anemia

**11:30 AM – 12:30 PM**

### **Healthcare Policy Update in Florida**

James Daughton, Jr., Jay Millson, MBA, Michael Swartzon, MD, FAAFP

#### **Learning Objectives:**

- Outline the relevant legislative update and regulations on Florida healthcare law(s) and its impact on family medicine and patient care delivery
- Review current and future areas of family medicine advocacy efforts
- Explain the importance of active political involvement to help the future of family medicine

**12:30 PM – 1:30 PM**

### **LUNCH**

**1:30 PM – 2:30 PM**

### **Cutting Edge Family Medicine Research**

Julia Jenkins, MD; Lindsey Wells, MD; Olena Mahneva

#### **Learning Objectives:**

- Be familiar with medical research topics, emerging research, and updates in the medical field gained through the presenter's research
- Be familiar with terminology, sources, data, methods, background, impact, and debate as it pertains to the specific project or research
- Gain understanding into the purpose, trials, difficulties, limitations, benefits, outcomes, and medical relevance of the presenter's topic
- Raise awareness in the community on pressing medical issues and educate patient population on outcomes

**2:30 PM – 3:30 PM**

### **Headache**

Mitzi Rubin, MD, FAAFP

#### **Learning Objectives:**

- Implement best practices for the timely and accurate diagnosis of primary headache disorders in primary care settings and for referral to specialists when necessary
- Identify the mechanisms of action and clinical profiles of new and emerging therapeutic options for the acute and preventative treatment of patients with primary headache disorders
- Design individualized evidence-based treatment plans for patients with headache disorders in the primary care setting

**3:30 PM – 3:45 PM**

### **BREAK**



## Saturday, April 6, 2024

**3:45 PM – 4:45 PM**

### **Perimenopause and Menopause Care**

Jennifer Simpkins, MD

#### **Learning Objectives:**

- Review current guidelines and evidence-based data on perimenopause/menopause symptom management
- Identify hormonal and non hormonal therapies for perimenopause/menopause
- List methods of individualized approaches and shared decision-making in perimenopause/menopausal symptom management

**4:45 PM – 5:45 PM**

### **The Nuances of Diabetes Management: Inpatient and Outpatient**

David Koo, MD

#### **Learning Objectives:**

- List the varied medications and algorithms used inpatient vs outpatient for diabetic management
- Assess and manage varied diabetic patients in different clinical setting
- Describe the comorbid diseases that complicate the management and how to combat with appropriate use of medications

**5:45 PM – 5:50 PM**

### **Day 2 Wrap-Up/Announcements**

## Sunday, April 7, 2024

**7:50 AM – 8:00 AM**

### **Welcome/Announcements**

**8:00 AM – 9:00 AM**

### **Chronic Kidney Disease: Recognize it! Manage it!**

Michael Allison, MD

#### **Learning Objectives:**

- Recognize the importance of managing CKD by describing the consequences of its unmanaged natural course on patients and health systems
- Synthesize the various measures of renal function into a firm understanding of a patient's status; Construct a battery of tests to rule out the less likely causes of CKD
- Recite the measures shown to reduce proteinuria
- Identify lab findings of CKD and initiate management accordingly; Recognize when to refer to nephrology

**9:00 AM – 10:00 AM**

### **Emerging Infectious Disease in Florida**

Vincent Hsu, MD

#### **Learning Objectives:**

- Describe the new, emerging, and resurging infectious diseases in the state
- List the appropriate treatments for new diseases and recall treatments needed for less frequently seen illness
- Describe the importance of having a strong understanding of the emerging diseases in the state



FLORIDA ACADEMY OF  
FAMILY PHYSICIANS  
SUPPORTING FLORIDA'S FAMILY PHYSICIANS

**Family Medicine Spring Forum 2024**  
Hilton Bonnet Creek, Orlando, FL  
April 5-7, 2024

**Sunday, April 7, 2024**

**10:00 AM – 10:15 AM**

**BREAK**

**10:15 AM – 11:15 AM**

**Mandatory Uncomfortable Conversations: Engaging Conversation on Microaggressions**

Daniel Bedney, MD

**Learning Objectives:**

- Name and define the different types of microaggressions
- Identify health disparities impacted by microaggressions
- Practice responses to combat microaggressions with patients and colleagues

**11:15 AM – 12:15 PM**

**Insulin on the Cheap**

Robert Vandervoort, PharmD

**Learning Objectives:**

- List the relevant differences between Analog and Human insulins
- Prescribe cost-effective regimens for Type 2 Diabetic patients using Human Insulins
- Manage the glucose log of a patient on a 2-shot regimen consisting of NPH and regular insulin

**12:15 PM – 12:20 PM**

**Wrap-Up/Final Announcements**