



CME AGENDA

Friday, June 30, 2023

8:00 AM – 8:15 AM

Welcome/Announcements

8:15 AM – 9:15 AM

Occam's Razor Revisited: Medication, Mentation, and Mobility- Geriatric Syndromes

Learning Objectives:

- Recognize geriatric syndromes as a result of multicomplexity in a patient with impaired reserve
- List the effects of medications, mentation, and mobility on falls in older adult
- Address fall risk with the goal of reducing falls in older adults

9:15 AM – 11:15 AM

Florida Mandatory: Domestic Violence (2 hours)

This presentation satisfies the State of Florida mandatory requirement

Learning Objectives:

- Identify the number of patients in their practice who are likely victims of domestic violence and the number who are likely to be perpetrators of domestic violence
- List screening procedures for determining whether a patient has any history of being either a victim or a perpetrator of domestic violence
- Provide patients with information on, or refer such patients to, resources in the local community that provide legal aid, shelter, victim counseling, and/or child protection services

11:15 AM – 12:30 PM

LUNCH

12:50 PM – 1:00 PM

President's Welcome/Updates: Christy Cavanagh, MD

1:00 PM – 2:00 PM

Elder/Vulnerable Adult Mistreatment

Learning Objectives:

- Discuss the types of mistreatment of adults: physical, sexual, psychological/emotional, financial, and neglect
- Differentiate disease processes or normal signs of aging from signs of injuries
- Establish management and intervention plans when elder abuse is suspected



Family Medicine Summer Forum 2023

Boca Raton Resort & Club, Boca Raton, FL
June 30-July 2, 2023

Friday, June 30, 2023

2:00 PM – 3:00 PM

Postpartum Depression

Learning Objectives:

- Differentiate between mental health conditions that manifest in the postpartum period
- Describe medical and psychological interventions for treatment of postpartum depression
- Identify social determinants of health that may negatively impact patients with postpartum depression

3:00 PM – 3:15 PM

BREAK

3:15 PM – 4:15 PM

Autism Spectrum Disorders in Childhood & Adolescence

Learning Objectives:

- Identify symptoms or behaviors that may alert the family physician to the need for target ASD screening
- Compare and contrast evidence-based ASD screening tools
- Decide when to use management strategies like applied behavioral analysis, cognitive behavior therapy, medical management, and CAM therapies

4:15 PM – 5:15 PM

Anxiety: A Fresh Look

Learning Objectives:

- Describe the epidemiologic manifestations of anxiety
- Utilize the diagnostic criteria for anxiety disorders Provide reasons to treat anxiety and its co-disorders
- Implement treatments for anxiety based on evidence-based guidelines.
- Describe the effectiveness of non-pharmacological treatments for anxiety

5:15 PM – 5:20 PM

Day 1 Wrap-Up/Announcements

5:30 PM – 6:30 PM

Welcome Reception



Saturday, July 1, 2023

7:00 AM – 9:00 AM

ABFM KSA Study Group: Preventative Care (2 hours)

(additional fee; advance registration required; onsite registration not available; in-person participation only)

8:00 AM – 8:15 AM

Welcome/Announcements

8:15 AM – 9:15 AM

Journal Article Review

Learning Objectives:

- Discuss the current state of knowledge with reference to literature
- Determine findings of the articles/studies
- Interpret results and their potential to impact daily practice

9:15 AM – 10:15 AM

SGLT2 Update - What aren't they good for?

Learning Objectives:

- Discuss the role of SGLT-2 inhibitors in the prevention of CV-events, the progression of heart failure, and the preservation of kidney function in patients without diabetes
- List the metabolic effects of SGLT-2 inhibition on body weight and blood pressure
- Make decisions on the use of SGLT-2 inhibitors for cardiorenal protection in non-diabetic patients in accordance with existing evidence and current guidelines

10:15 AM – 10:30 AM

BREAK

10:30 AM – 11:30 AM

An Evidence Based Update for Hospitalist

Learning Objectives:

- Implement updated evidence from 2022 articles into hospital based patient care.
- Review approach to critically analyzing scientific articles and journals applicable to hospital medicine

11:30 AM – 12:30 PM

LUNCH

SPECIAL INTEREST GROUPS (SIGs):

Topic 1: Urgent Care

Topic 2: Hospital Medicine

12:45 PM – 1:45 PM

Connective Tissue Disease Update

Learning Objectives:

- Identify the major symptoms and risk factors for connective tissue disorders
- Differentiate between systemic lupus erythematosus, dermatomyositis (DM), scleroderma, and other conditions with similar symptoms
- Counsel patients on treatment regimens to manage symptoms to include first-line medications like methotrexate for rheumatoid arthritis and hydroxychloroquine for SLE

Saturday, July 1, 2023

1:45 PM – 2:45 PM

PRP - What's the 411? Platelet-Rich Plasma in Musculoskeletal Medicine

Learning Objectives:

- Define Platelet-Rich Plasma (PRP) and the science behind its clinical applications
- Identify the clinical utility of PRP in various conditions based on the understanding of current literature
- Apply critical thinking skills with the PRP information learned to discern effectiveness of PRP treatments

2:45 PM – 3:00 PM

BREAK

3:00 PM – 4:00 PM

Asthma - Updates to Catch Your Breath

Learning Objectives:

- Compare and contrast the 2020 NAEPP and 2022 GINA guidelines for the care of asthma
- Using GINA 2022 guidelines, employ ICS-formoterol as the preferred option in treating steps 1-2 asthma in adults and children > 12 years old
- Recognize and refer high risk patients to pulmonology care

4:00 PM – 5:00 PM

Gout and Not Gout

Learning Objectives:

- Describe the prevalence, risk factors, and clinical features of gout
- Utilize an evidence based clinical predication model to accurately diagnose gout
- Recognize how to formulate an individualized treatment plan, including dietary advice

5:00 PM – 5:05 PM

Day 2 Wrap-Up/Announcements



FLORIDA ACADEMY OF
FAMILY PHYSICIANS
SUPPORTING FLORIDA'S FAMILY PHYSICIANS

Family Medicine Summer Forum 2023

Boca Raton Resort & Club, Boca Raton, FL

June 30-July 2, 2023

Sunday, July 2, 2023

7:50 AM – 8:00 AM

Welcome/Announcements

8:00 AM – 9:00 AM

7 Tips for Family Physicians to Treat Obesity

Learning Objectives:

- List the health consequences of obesity
- Recognize the multiple factors that influence obesity
- Utilize the 4 pillars of obesity treatment

9:00 AM – 10:00 AM

Common Challenges in Urgent Care

Learning Objectives:

- Review common traumatic injuries seen in the urgent care setting (fractures, lacs, burns, etc.)
- Analyze potential high risk diagnoses and how to best identify them (PE, pneumo, etc.)

10:00 AM – 10:15 AM

BREAK

10:15 AM – 11:15 AM

Diabetes

Learning Objectives:

- Describe the relationship between obesity and diabetes
- Discuss the role in insulin resistance and hyperinsulinemia in diabetes and obesity
- Apply a metabolic and weight management approach to the treatment of diabetes
- Apply effective treatment approaches that address both obesity and diabetes

11:15 AM – 12:15 PM

Connecting with Your Purpose

Learning Objectives:

- Reflect on factors that influence our sense of meaning and purpose in medicine and contribute to our effectiveness in practice
- Describe mindsets and actions that enable physicians to lead more effectively despite the many challenges they face
- List three specific changes to incorporate in daily practice to be more efficient, less stressed, and lead more effectively

12:15 PM – 12:20 PM

Wrap-Up/Final Announcements