CME AGENDA

Thursday, April 7, 2022
6:00 PM – 8:00 PM  ABFM KSA Study Group: Behavioral Health Care (2 hours)
(additional fee; registration requested; in-person participation only)

Friday, April 8, 2022
8:15 AM – 8:30 AM  Welcome/Announcements
8:30 AM – 9:30 AM  Put Your Oxygen Mask on First: The Role of Lifestyle Medicine in Self-Care and Burnout
Amber Orman, MD
Learning Objectives:
• Recognize the signs and consequences of burnout
• Identify the significant role that lifestyle medicine plays in chronic disease prevention
• List the effects that lifestyle medicine can have on both an individual provider as well as a health system

9:30 AM – 11:30 AM  Florida Mandatory: Florida Mandatory: Medical Errors (2 hours)
This presentation satisfies the State of Florida mandatory requirement
Vincent Hsu, MD
Learning Objectives:
• Discuss systems which must be in place to reduce errors and review use of new information and communication technologies to allow for these improvements
• Identify the five most mis-diagnosed conditions as determined by the Board of Medicine
• This presentation satisfies the State of Florida licensure requirement including a study of root-cause analysis, error reduction and prevention, and patient safety

11:30 AM – 12:30 PM  Non-CME Lunch
12:50 PM – 1:00 PM  President’s Welcome/Updates
1:00 PM – 2:00 PM  Early Recognition and Management of Renal Disease
Michael Allison, MD
Learning Objectives:
• Recognize the importance of managing CKD by describing the consequences of its unmanaged natural course on patients and health systems
• Synthesize the various measures of renal function
• Construct a battery of tests to rule out less likely causes of CKD
• Manage CKD appropriately, including reducing proteinuria, treating secondary hyperparathyroidism and anemia, and knowing when to refer

2:00 PM – 3:00 PM  COVID Update for the Clinic
Vincent Hsu, MD
Learning Objectives:
• Review the latest updates of outpatient management of COVID
• Recognize complications after COVID infection (long COVID syndrome)
Friday, April 8, 2022

3:00 PM – 3:15 PM  BREAK

3:15 PM – 4:15 PM  Hepatitis C for the PCP
Jason Largen, MD
Learning Objectives:
• Review the prevalence and impact of Hepatitis C in America
• Highlight recent changes in the current USPSTF Screening guidelines for Hepatitis C
• Discuss the role of Family Physicians in managing the growing Hepatitis C population

4:15 PM – 5:15 PM  Severe Asymptomatic Hypertension, Secondary/Resistant HTN
Eddie Needham, MD
Learning Objectives:
• Differentiate hypertensive emergency from Severe Asymptomatic hypertension
• Compare and contrast evidence-based treatment strategies for hypertensive urgency
• Define, evaluate, and compare treatment options for resistant hypertension

5:15 PM – 5:20 PM  Day 1 Wrap-Up/Announcements

Saturday, April 9, 2022

7:00 AM – 9:00 AM  ABFM KSA Study Group: Palliative Care (2 hours)
(additional fee; registration requested; in-person participation only)

8:00 AM – 8:15 AM  Welcome/Announcements

8:15 AM – 9:15 AM  Journal Article Review
Tanya Anim, MD
Learning Objectives:
• Discuss the current state of knowledge with reference to literature
• Determine findings of the articles/studies
• Interpret results and their potential to impact daily practice

9:15 AM – 10:15 AM  Cognitive Evaluation and Treatment
Ariel Cole, MD
Learning Objectives:
• Review the evaluation and recognition of cognitive decline
• Determine when and which treatments are most beneficial
• Identify legal issues, driving capacity and the Florida Guardianship process

10:15 AM – 10:30 AM  BREAK
Saturday, April 9, 2022

10:30 AM – 11:30 AM
Medicare Annual Wellness Visits (AWV)
Diana Twiggs, MD

Learning Objectives:
- Recognize how to effectively schedule Medicare wellness visits and keep the rest of your day intact
- Describe how to document and bill the Medicare AWV, including telemedicine wellness visits
- List the value of information gained through the AWV and gaps that can be addressed

11:30 AM – 12:30 PM
End of Life discussions, Palliative and Hospice
David Weiland, MD

Learning Objectives:
- Review the difference between Hospice and Palliative care plans
- Demonstrate recognition, assessment and management of common end of life symptoms
- Discuss the goals of advanced care planning with patients and their families

12:30 PM – 1:15 PM
LUNCH BREAK

1:15 PM – 2:15 PM
Cutting Edge Family Medicine Research

Learning Objectives:
- Be familiar with medical research topics, emerging research, and updates in the medical field gained through the presenter’s research
- Be familiar with terminology, sources, data, methods, background, impact, and debate as it pertains to the specific project or research
- Gain understanding into the purpose, trials, difficulties, limitations, benefits, outcomes, and medical relevance of the presenter’s topic
- Raise awareness in the community on pressing medical issues and educate patient population on outcomes

2:15 PM – 3:15 PM
Valvular Heart Disease - Can You Hear Me Now?
Eddie Needham, MD

Learning Objectives:
- Identify the types of valvular heart disease commonly seen in primary care
- Develop a diagnostic protocol for valvular heart disease to include echocardiography
- Provide a management plan that includes follow-up testing, and addresses comorbidities and prevents disease complications

3:15 PM – 3:30 PM
BREAK
Saturday, April 9, 2022

3:30 PM – 4:30 PM  
**Heart Failure**  
Louis Kuritzky, MD  
**Learning Objectives:**  
- Identify appropriate diagnostic tools for patients with suspected heart failure  
- Construct treatment plans for patients using GDMT (Guideline directed medical Therapy)  
- Review the differences in management of heart failure with preserved ejection fraction (HFrEF) vs heart failure with reduced ejection fraction (HFP EF)  
- Formulate a plan to implement multidisciplinary transitional care strategies to prevent hospital readmission in patients with heart failure

4:30 PM – 5:30 PM  
**Transcatheter Cardiac Interventions**  
Samer Garas, MD  
**Learning Objectives:**  
- Identify when it is appropriate to refer a patient for less invasive cardiac intervention  
- Review the updates in valvular interventions with focus on TAVR, TMVR, ViV  
- Identify the patient that is a good candidate for Watchman

5:30 PM – 5:35 PM  
**Day 2 Wrap-Up/Announcements**

Sunday, April 10, 2022

7:00 AM – 7:45 AM  
**Yoga Class**  
Charisse Huot, MD

8:15 AM – 8:30 AM  
**Welcome/Announcements**

8:30 AM – 9:30 AM  
**Vitamin D Supplementation**  
John Hickner, MD  
**Learning Objectives:**  
- Review current evidence on use of vitamin D and its limitations  
- Recognize when to use various formulations of Vitamin D  
- Summarize the conditions for which Vitamin D supplementation is helpful or not helpful via review of research studies and meta-analyses

9:30 AM – 9:45 AM  
**BREAK**
Sunday, April 10, 2022

9:45 AM – 10:45 AM  Testosterone Replacement Therapy – What are the Benefits and Harms?
John Hickner, MD
Learning Objectives:
• Identify the correct interpretation of testosterone levels in diagnosis of male hypogonadism
• List the harms and potential benefits associated with testosterone replacement therapy
• Be confident in diagnosing and treating hypogonadism in males

10:45 AM – 11:45 AM  Deprescribing/Polypharmacy
Ariel Cole, MD
Learning Objectives:
• Review evidence on when to de-prescribe certain medications, including review of helpful resources
• Describe age-related changes that affect pharmacokinetic properties of medications
• Discuss the use of a systematic improvement framework to reduce potentially inappropriate medications

11:45 AM – 11:50 AM  Wrap-Up/Final Announcements