



PROGRAM AGENDA

Thursday, December 9, 2021

6:00 PM – 8:00 PM ABFM KSA Study Group: Diabetes *(additional fee; registration requested)*

Friday, December 10, 2021

8:15 AM – 8:30 AM Welcome/Announcements

8:30 AM – 9:30 AM Care of the LGBTQ Youth
Melanie VanDemark, MD

Learning Objectives:

- Integrate best practices in discussing sexual health, sexual identity and sexual orientation in a confidential and safe physician to adolescent-patient relationship especially as it applies to LGBTQ youth
- Analyze LGBTQ youth health care disparities and establish ways to ensure LGBTQ youth have appropriate access to health care and a support network to hopefully mitigate and improve poor health outcomes
- Establish the most common mental health concerns faced by LGBTQ youth and formulate initial treatment plans
- Determine current federal legislation and Florida specific legislation as it pertains to LGBTQ youth

9:30 AM – 10:30 AM Depression in Adolescence
Ann Klega, MD

Learning Objectives:

- Implement a routine screening protocol for depression in children and adolescents
- Review the GLAD-PC guidelines for screening, diagnosing, and managing depression in adolescents
- Develop a safety plan with patients that include an emergency communication plan to address increased suicidality and acute crisis

10:30 AM – 11:30 AM Substance Abuse Updates Among Adolescence
Karim Hanna, MD

Learning Objectives:

- Become more familiar with epidemiology of adolescent alcohol, tobacco, electronic nicotine, and marijuana use
- Navigate the vaping (nicotine) safer than smoking cigarettes dilemma with evidence-based answers
- Utilize guidelines and tools for screening and counseling teenagers about substance use/substance use disorders

11:45 AM – 12:45 PM

Non- CME Lunch

12:50 PM – 1:00 PM

President's Message – John Gross, MD

Friday, December 10, 2021

1:00 PM – 2:00 PM	<p>ABFM Update: What's New to Support Your Certification Journey Elizabeth (Libby) Baxley, MD</p> <p>Learning Objectives:</p> <ul style="list-style-type: none">• Describe the longitudinal assessment option for the 10-year examination.• Determine the most relevant and seamless way to meet the performance improvement activity requirement, based on their practice environment.• Describe the new KSA revision process and how it will make self-assessment more relevant and enjoyable.• Participate in ABFM's new National Journal Club service• Articulate ABFM's focus on redefining its relationship with Diplomates and resident physicians and identify how to become more involved with the ABFM
2:00 PM – 3:00 PM	<p>Patients with Eating Disorders: A Road Map for Family Medicine Physicians Dusty Narducci, MD</p> <p>Learning Objectives:</p> <ul style="list-style-type: none">• Distinguish common and atypical eating disorders in patients• Demonstrate the exponential opportunity that family medicine physicians have in helping patients with eating disorder using a primary care specific road-map for diagnosis and management• Build a framework of knowledge to effectively and safely communicate with patients struggling with eating disorders, and be able to justify that eating disorders are free of biases and do not affect only a select population
3:00 PM – 3:15 PM	BREAK
3:15 PM – 4:15 PM	<p>Top Articles for 2021 Andrew Buelt, DO</p> <p>Learning Objectives:</p> <ul style="list-style-type: none">• Translate updated evidence from 2019 articles into clinical practice• Review approach to critically analyzing scientific articles and journals applicable to Primary Care
4:15 PM – 5:15 PM	<p>Evaluation and Management of the Acutely Swollen Knee Fred Brennan, DO</p> <p>Learning Objectives:</p> <ul style="list-style-type: none">• Review the causes, evaluation, and management of the post-traumatic acutely swollen knee• Review the exam findings and diagnostic tools that help the family physician identify the cause of the swollen knee• Discuss the evaluation of a patient with an atraumatic swollen knee who presents to the outpatient clinic• Review video demonstration of landmark and US guided techniques used to aspirate a knee effusion
5:15 PM – 5:20 PM	Day 1 Wrap-Up/Announcements



Saturday, December 11, 2021

7:00 AM – 9:00 AM	ABFM KSA Study Group: Health Counseling & Preventive Care <i>(additional fee; registration requested)</i>
8:45 AM – 9:00 AM	Welcome/Announcements
9:00 AM – 10:00 AM	Journal Article Review Thomas Waller, MD Learning Objectives: <ul style="list-style-type: none">• Discuss the current state of knowledge with reference to literature• Determine findings of the articles/studies• Interpret results and their potential to impact daily practice
10:00 AM – 11:00 AM	Evaluation and Treatment of Common Skin Rashes – a Dermatologic Pot Pourri Daniel VanDurme, MD Learning Objectives: <ul style="list-style-type: none">• Describe the role of skin barrier dysfunction, immune dysregulation, and environmental factors in the pathogenesis• Discuss when to biopsy skin rashes/lesions• Identify the appearance of common stings and bites and describe sun damage and forms of sun protection
11:00 AM – 12:00 PM	Trauma Informed Care Suzanne Harrison, MD Learning Objectives: <ul style="list-style-type: none">• Recognize “trauma-informed care” as medical practices that promote a culture of safety, empowerment, and healing• Enumerate the basic principles of trauma-informed care — including ways to ask permission, offer control, and find support• Explain that the physician’s role is to first suspect trauma, then to link the patient to the appropriate service or resource
12:00 PM – 1:30 PM	LUNCH BREAK
12:15 PM – 1:30 PM	FAFP Business Meeting, Award Presentations, & Presidential Inauguration (Non-CME)
1:30 PM – 2:30 PM	Colon Cancer Screening Thomas Waller, MD Learning Objectives: <ul style="list-style-type: none">• List various testing options for colon cancer screening• Summarize various medical society recommendations on initiation of screening for both high risk patient and the general population• Provide updates on US guidelines on surveillance intervals after polypectomy• Discuss current recommendations for ASA in colon cancer prevention and the supporting evidence



Saturday, December 11, 2021

2:30 PM – 3:30 PM

Mindful Eating for Weight Management

Andria Klioze, MD

Learning Objectives:

- Describe the pathophysiology of disease and obesity
- Identify mental and physical transformation to support Disease Reversal and weight reduction
- List the steps to become analysts and teachers in order to help patients solve dietary problems that lead to illness and reduced health

3:30 PM – 3:45 PM

BREAK

3:45 PM – 4:45 PM

Cardiovascular Risk Reduction and Disease Update

Eddie Needham, MD

Learning Objectives:

- Describe the research surrounding current modalities for cardiovascular disease risk reduction
- Explain the evidence-based approach to risk reduction
- Identify diseases and early disease states that can benefit from risk reduction techniques

4:45 PM – 6:45 PM

Domestic Violence Mandatory CME (2 hours)

This presentation satisfies the State of Florida mandatory requirement

Suzanne Harrison, MD

Learning Objectives:

- Identify the number patients in their practice who are likely to victims of domestic violence and the number who are likely to be perpetrators of domestic violence
- List screening procedures for determining whether a patient has any history of being either a victim or a perpetrator of domestic violence
- Provide patients with information on, or refer such patients to, resources in the local community that provide legal aid, shelter, victim counseling, and/or child protection services

6:45 PM – 6:50 PM

Day 2 Wrap-Up/Announcements



Family Medicine Winter Summit 2021

The Ritz Carlton, Amelia Island
December 10-12, 2021

Sunday, December 12, 2021

7:50 AM – 8:00 AM	Welcome/Announcements
8:00 AM – 9:00 AM	<p>COVID-19 Vaccine Hesitancy: What Can We Do? David Koo, MD</p> <p>Learning Objectives:</p> <ul style="list-style-type: none">• List the most common objections for receiving the COVID-19 vaccinations• Discuss the short term and long term safety of the COVID-19 vaccinations based on available data• Discuss the development history, mechanism of action, and safety of mRNA vaccines• Identify at least 3 reasonable strategies for helping your patients with vaccine hesitancy
9:00 AM – 10:00 AM	<p>Osteoporosis Robin Creamer, DO</p> <p>Learning Objectives:</p> <ul style="list-style-type: none">• Recognize risk factors for osteoporosis• Apply evidenced based screening criteria for osteoporosis• Describe the importance of aggressive treatment of osteoporosis
10:00 AM – 10:15 AM	BREAK
10:15 AM – 11:15 AM	<p>Adult Anemia David Koo, MD</p> <p>Learning Objectives:</p> <ul style="list-style-type: none">• List the most common causes of anemia in adults• Discuss the utility and challenges of using ferritin, transferrin, and iron studies to diagnosis anemia• Determine a reasonable diagnostic approach for the evaluation of adult anemia• Decide the best treatment options for iron deficiency, anemia of chronic disease, and B12 deficiency
11:15 AM – 12:15 PM	<p>The Place of Vaccines in Pandemics, Populations, and Primary Care Practices Jonathan Temte, MD</p> <p>Learning Objectives:</p> <ul style="list-style-type: none">• List the important role of vaccines over the lifespan of an infectious disease• Enumerate the processes of creating vaccines from idea to policy• Explain the latest updates to Advisory Committee on Immunization Practices (ACIP) recommendations
12:15 PM – 12:20 PM	Wrap-Up/Final Announcements