

## FAFP OCTOBER MEMBER SPOTLIGHT

Ronald Trout, MD, FAAFP

*Indian Harbour Beach, FL*



I grew up in Southern, Illinois, in a family where hard labor was the center workforce. The balance between hard working parents and my childhood medical hindrances, set the motion for my future goal of working in the medical field. As a child, I suffered from severe asthma and atopic dermatitis. There were nights I recall being unable to breathe and the additive of dermatitis made enduring the fear and uncertainty no easy feat. The lack of suitable treatment for my conditions at the time, followed by familial financial struggles set my conquest of medicine into fruition.

The start of my academic career began at the University of Southern, Illinois, in pursuit of a Bachelors of Science in Chemistry. Post graduate I was accepted into Loyola Stritch School of Medicine in Maywood, Illinois. At the time, the curriculum of family practice was faint

but my perseverance remained, despite the tribulations. After completion at Loyola Stritch, my love for traveling led me to completing my residency at University of Tennessee's, St. Francis Hospital in Memphis. I traveled back to Northern Illinois to fulfil my scholarship granted to me by the Illinois Department of Health where I was finally able to implement my long term goal of helping others through family practice at a local clinic. In 1992, I decided to leave Illinois and settle down in Indialantic, Florida where I began work at another family practice facility. The job provided an immense sense of fulfillment as it was everything I thought it would be. Being able to treat patients of all ages and grow with them, allowed to achieve the role I always dreamed of.

The sense of fulfillment is the greatest gift that comes along with working in the medical field.

The practice of medicine has changed greatly over the years and being able to witness that change has been a privilege. I am always learning new ways of thinking from my patients and colleagues. The ability to see the abstract qualities of human life, in and out of the office changes the way one views the world. The last seven months have proven this mindset of perspective, keeping me grounded with a constant reminder of where I started and why I love doing what I do. Now practicing over 30 years, I will continue to treat those in need and educate every patient regarding the quality of a good, healthy life.



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