



# FAPP WALKTOBERFEST



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<ul style="list-style-type: none"><li>● Half Marathon 26.2 or below</li><li>● Full Marathon 26.2 - 50</li><li>● Ultra Marathon 50+</li></ul>				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

GOAL \_\_\_\_\_

TOTAL DISTANCE \_\_\_\_\_